

**PUGET SOUND REGION  
2008 HIGH PERFORMANCE PROGRAM**

**Select Age Division - For girls born on or after January 1<sup>st</sup>,  
1994**

**Camp Location and Dates**

Fife High School in Fife, Washington  
Friday, July 11<sup>th</sup> through Sunday, July 13<sup>th</sup>

**Costs**

**\$35.00 Tryout Fee**

Tryout will be held at Fife HS on May 17<sup>th</sup>, 2008 from 10:00 AM to 5:00 PM

\*\*All players will attend from 10:00 AM to 1:00 PM

\*\*A smaller group of players will be asked to stay for the 2:00 PM to 5:00  
PM session, where final selections will be made

**\$225.00 Camp Fee which includes:**

3 days/9 sessions of training

All housing and meals - lodgings at the Motel 6 in Fife

Player per coach ratio of 4:1

Player per net ratio of 8:1

Plenty of highly individualized instruction, including classroom sessions

Materials covering many topics of being an elite volleyball player

The Puget Sound Region will be offering the 4<sup>th</sup> annual Regional High Performance Camp in the summer of 2008. The program is modeled after the National USA Volleyball High Performance Program which is aimed at identifying and training the elite volleyball players in the country.

The mission of the Puget Sound Regional High Performance Program is threefold. The first is to provide an elite training setting for the top volleyball players in the region. The second is to help develop the level of competency within the coaching ranks in the region. Finally, the program will strive to introduce USAV play to young athletes not yet familiar with junior club volleyball.

For more information, contact Dragan Karadzic, Program Director, by phone at 360-297-1814 or by e-mail at [evadragon@aol.com](mailto:evadragon@aol.com). You can also access the regional web site at [www.pugetsoundvb.org](http://www.pugetsoundvb.org) for continuous updates.

# PSR High Performance Camp Select Tryout Application

First Name _____ Last Name _____
Address _____
City _____ State _____ Zip Code _____
Phone (    ) _____ E-mail Address _____
USAV Registration Number _____
Parents Signature _____
Parents E-mail Address _____

Date of Birth _____ Year of High School Graduation _____
School _____ Coach _____
USAV Club _____ Coach _____

Position (check and please label a 1 <sup>st</sup> and a 2 <sup>nd</sup> choice)
Setter _____ Middle _____ Left Side _____ Right Side _____ Libero _____

Physical Information
Height _____ Weight _____ Dominant Hand (L or R) _____ Shirt Size _____
Standing Touch _____ Block Touch _____ Approach Jump Touch _____

## **Tryout Fees**

Pre-registration fee is \$35.00 (must be received by May 14<sup>th</sup>, 2008)

On site registration fee is \$45.00

## **Make checks payable to USAV/Puget Sound Region**

### **Mail registration and check to:**

Dragan Karadzic

Puget Sound HP Program Director

12623 NE Philip Drive, Kingston, WA, 98346